

Choices and Consequences

#SilaandtheLand
Activity
Grade Level: 1-6



About This Activity

Learners will be able to identify positive and negative consequences of different choices, while understanding that small choices can have large consequences.

Learning Outcomes

After completing this activity, learners will:

- Understand the four options when deciding on a choice
- Develop connections from small choices to large consequences
- Know the difference of positive versus negative consequences

Curriculum Connections

Ontario

Grade 1 Social Studies: Heritage and Identity: Our Changing Roles and Responsibilities (A1.2, A1.4, A2.4, A2.5, A2.6, A3.1, A3.4, A3.5)

Grade 2 Social Studies: People and Environments: Global Communities (B1.3, B2.1)

Grade 4 Social Studies: Heritage and Identity: Early Societies To 1500 CE (A1.4, A2.1, A2.6)

Grade 6 Social Studies: Heritage and Identity: Communities in Canada, Past and Present (A3.8)

Length of Activity

45 - 60 minutes

Materials List

Internet-enabled device

Choices and Consequences Matching Activity Printout

Exit Tickets - Choices and Consequences

Step 1

Begin by watching this video with the class:

- [Making Tough Choices with Kid President](#) (stop at 3:51 minute mark)
- Be sure to pause the video around the 37-second mark (where 'Kid President' said we make thousands of choices a day) to ask the class, "What are some choices you've already made today?"
- 'Kid President' said there are four choices for making choices. Be sure to pause and ask the class what they are as he explains each in the video. Each of them can be written at the front of the class. Some discussion questions for each include:
 - Impulsive:** What does this mean? Is this a good choice?
 - Don't Do Anything:** 'Kid President' said "If you do nothing, then you'll be nothing". What does this mean? Is this a good choice?
 - Just Be A Follower:** 'Kid President' said "Instead of being a follower, focus on being someone worth following". What does that look like? When is it OK to follow what others are doing?
 - Be Thoughtful:** What does this mean? Is this a good choice?

Step 2

After the video, ask learners: “What is a small choice that might have a big consequence?”. Be sure to facilitate this discussion with the class. Educators can relate this back to Sila, and her discussion with the *Ptarmigan* in the book, *Sila and the Land*:

- a. If Sila were to make the small choice to pick all the berries, and all the plants what would be the consequence? Is this a positive or negative consequence?
 - i. Quote from the book: “...we would not be able to make our medicines out of plants, so we would not have anything to make us feel better. Also, some animals only eat plants and they would no longer have anything to eat. If the animals are gone, we would not be able to eat them either.”
- b. It is important to express that consequences don't only mean “bad” things, but there are also “good” consequences to choices. Ask learners, “What’s a good consequence to flossing your teeth?” or “What’s a good consequence to putting away your toys after playing with them?”.

Step 3: Matching Choices to Consequences Activity

Use the printout of this activity called “Choices and Consequences Matching Activity Printout”, and once printed cut out each of the choices and their associated consequences.

- a. Put the class into small groups of 4-6. Each set of cards is for one group, so print off as many sets needed. Explain to the learners that they must match as a team the “choice” cards to the appropriate “consequence” cards.

Step 4: Conclusion

Go through with the class all the correct pairings of the cards. Make sure they understand why that specific choice can result in that specific consequence (either good or bad). Further, the educator can discuss the choices that were presented and ask the class if some of them were either the type of impulsive, doing nothing, being a follower, or a

thoughtful choice.

Step 5: Exit Ticket

Print off as many “Exit Tickets” as required for your class, using the resource titled “Exit Tickets - Choices and Consequences”.

- a. Allow learners to answer their Exit Ticket before the end of class and hand-in before they leave for the day!